

## **gAyatrl rahasyopanishat**

om svasti siddham | om namo brahmaNe |  
om namaskrutya yAgyavalkya rushihi |  
svayambhuvam pariprucChati |  
he brahman gAyatryA utpattih shrotum icChAmi |  
athAto vasishThah svayam bhuvam pariprucChati |  
yo brahmA sa brahmovAcha |  
brahmagyAnotpatteh prakrutim vyAkhyAsyAmah |  
ko nAma svayambhU purusha iti |  
tenAngull madhyamAnAt salilam abhavat |  
salilAt phenam abhavat | phenAd budbudam abhavat |  
budbudAd aNDam abhavat | aNDAd brahmAbhavat |  
brahmaNo vAyurabhavat | vAyoragnirabhavat |  
agneronkAro abhavat | onkArAd vyAhrutir abhavat |  
vyAhrutyA gAyatryabhavat | gAyatryA sAvitryabhavat |  
sAvitryA sarasvatyabhavat | sarasvatyA sarve vedA abhavan |  
sarvebhyo vedebhyah sarve lokA abhavan |  
sarvebhyo lokebhyah sarve prANino abhavan |

athAto gAyatrl vyAhrutyashcha pravartante |  
kA cha gAyatrl kAshcha vyAhrutayah |  
kim bhUh kim bhuvah kim suvah kim mahah kim janah kim tapah  
kim satyam kim tat kim savituh kim vareNyam kim bhargah  
kim devasya kim dhImahi kim dhiyah kim yah kim nah kim prachodayAt |  
om bhUriti bhuvo lokah | bhuvah ityantarikshalokah | svariti svargalokah |  
maha iti maharlokah | jana iti janolokah |  
tapa iti tapolokah | satyamiti satyalokah |  
taditi tadasou tejomaya tejo agnirdevatA | savituriti savitA sAvitram Adityo  
vai | vareNyamityatra prajApatih |  
bharga ityApo vai bhargah | devasya itIndro devo dyotatah |  
sa indrastasmAt sarvapurusho nAma rudrah |  
dhImahlityantarAtmA | dhiya ityantarAtmA parah |  
ya iti sadAshivapurushah | no ityasmAkam svadharme |

prachodayAditi prachodita kAma imAn lokAn  
pratyAshrayate yah paro dharma ityeshA gAyatrl |

sA cha kim gotrA katyaksharA katipAdA | kati kukshayah |  
kAni shlrshANi | sAmkhyAyana gotrA cha chaturvishatyaksharA |  
gAyatrl tripAdA chatushpAdA | punastasyAshchatvArah pAdAh  
shaT kukshikAh pancha shlrshANi bhavanti |  
ke cha pAdAh kAshcha kukshayah kAni shlrshANi |  
rugvedo asyAh prathamah pAdo bhavati | yajurvedo dvitlyah pAdah |  
sAmavedas trutlyah pAdah | atharvavedash chaturthah pAdah |  
pUrvA dik prathamA kukshir bhavati | dakshiNA dvitlyA kukshir bhavati |  
pashchimA trutlyA kukshir bhavati | uttarA chaturthI kukshir bhavati |  
Urdhva panchamI kukshir bhavati | adhah shashThI kukshir bhavati |  
vyAkaraNo asyA prathamah shlrsho bhavati | shikshA dvitlyah |  
kalpastrutlyah | niruktash chaturthah | jyotishAmayanam iti panchamah |  
kA dik ko varNah kimAyatanam kah svarah kim lakshaNam  
kAni akshara daivatAni ka rushayah kAni ChandAmsi kA shaktayah  
kAni tattvAni ke chAvayavAh |  
pUrvAyAm bhavatu gAyatrl | madhyamAyAm bhavatu sAvitrl |  
pashchimAyAm bhavatu sarasvatI |  
raktA gAyatrl | shvetA sAvitrl | krushNA sarasvatI |  
pruthivyanariksham dyourAyatanAni |  
akArokAra makArarUpodAttAdi svarAtmikA |  
pUrvA sandhyA hamsavAhinI brAhmI |  
madhyamA vrushabha vAhinI mAheshtvarI |  
pashchimA garuDa vAhinI vaishNavI |  
pUrvAnhakAlikA sandhyA gAyatrl kumArI  
raktA raktAngI raktavAsinI raktagandha mAlyAnulepanI  
pAshAkushAnksha mAIA kamaNDalu varahastA  
hamsArUDhA brahmadaivatYA rugvedasahitA  
AdityapathagAminI bhUmaNDalavAsinI |  
madhyAnhakAlikA sandhyA sAvitrl yuvatI shvetAngI  
shvetavAsinI shvetagandha mAlyAnulepinI trishUla Damaru hastA  
vrushabhArUDhA rudradaivatYA yajurvedasahitA AdityapathagAminI  
bhuvoloke vyavasthitA |  
sAyam sandhyA sarasvatI vruddhA krushNAngI krushNavAsinI  
krushNagandha mAlyAnulepanA shankha chakra gadAbhaya hastA  
garuDarUDhA vishNudaivatYA sAmavedasahitA AdityapathagAminI  
svargaloka vyavasthitA |  
agni vAyu sUryarUpA avahanIyagArhapatya dakshiNagnirUpA  
rugyaju sAmarUpA bhUrbhuvahsvariti vyAhrutirUpA  
prAtar madhyAnha trutlyA savanAtmikA sattva rajas tamoguNAtmikA

jAgrat svapna sushupta rUpA vasurudrA sityarUpA  
 gAyatrl trishTup jagatl rUpA brahma shankara vishNu rUpecChA  
 gyAnashakti kriyArUpA svarAD virAD vashaD brahma rUpeti |  
 prathamam Agneyam dvitlyam prAjApatyam trutlyam saumyam  
 chaturtham IshAnam panchamam Adityam shashTham gArhapatyam  
 saptamam maitram ashTamam bhagadaivatam navamam AryamaNam  
 dashamam sAvitram ekAdasham tvAshTram  
 dvAdasham poushNam trayodasham aidrAgnam chaturdasham vAyavyam  
 panchadasham vAmadevam shoDasham maitrAvaruNam  
 saptadasham bhrAtruvyam ashTAdasham vaishNavam ekonavimsham  
 vAmanam  
 vimsham vaishvadevam ekavimsham roudram dvAvimsham kouberam  
 trayovimsham Ashvinam chaturvisham brAhmamiti pratyakshara daivatAni  
 |  
 prathamam vAsishTham dvitlyam bhAradvAjam trutlyam gArgyam  
 chaturtham upamanyavam panchamam bhArgavam shashTham  
 shANDilyam  
 saptamam lohitam AshTamam vaishNavam navamam shAtAtapam  
 dashamam sanatkumAram ekAdasham vedavyAsam dvAdasham shukam  
 trayodasham pArAsharyam chaturdasham pauNDrakam panchadasham  
 kratum  
 shoDasham dAksham saptadasham kAshyapam ashTAdasham Atreyam  
 ekonavimsham agastyam vimshamouddAlakam ekavimsham Angirasa  
 vaishvAmitramiti pratyaksharANAmrushayo bhavanti |  
 gAyatrl trishTup jagatyanushTup panktir bruhatyushNigad itiriti  
 trirAvruttena ChandAmsi pratipAdyante | prahlAdinI prajAvishvabhadrA  
 vilAsinI prabhA shAntA mA kAntI sparshA durgA sarasvatI virUpA  
 vishAIkshI shAlinI vyApinI vimalA tamo apahAriNI sUkshmAveyavA  
 padmAlayA virajA vishvarUpA bhadrA krupA sarvatomukhI  
 chaturvimshati shaktayo nigadyante |  
 pruthivyaptejo vAyvAkAsha gandhara sarUpa sparsha shabda vAkyAni  
 pAda pAyUpastha tvakchakshu shrotra jivhA ghrANa  
 manobuddhyahankAra-  
 chitta gyAnAnI pratyaksharANAm tattvAni pratlyante |  
 champakAtasI kunkuma pingalendra nIIAgni prabhodyat sUrya-  
 vidyut tAraka saroja goura marataka Shukla kundendu shankha pANDu-  
 netranI lotpala chandanAguru kastUrI gorochana ghanasAra sannibham  
 pratyakshara manusmrutya samasta pAtakopapAtaka mahApAtakA-  
 gamyAgamana gohatyA brahmahatyA bhrUNahatyA vIrahatyA-

purushahatyA ajanmakrutahatyA strlhatyA guruhatyA pitruhatyA-  
prANahatyA charAcharahatyA abhakshyabhakshaNa pratigraha-  
svakarma vicChedana svAmyArti hlnakarma karaNa paradhanApaharaNa-  
shUdrAnna bhojana shatrumAraNa chaNDAlI gamanAdi samasta-  
pApaharaNArtha samsmaret |  
mUrdhA brahmA shikhAnto vishNur laIATam rudrachakshushI  
chandrAdityou  
karNou shukra bruhaspatI nAsApuTe ashvinou dantoshThAvubhe sandhye  
mukham marutah stanou vasvAdayo hrudayam parjanya udaramAkAsho  
nAbhiragnih  
kaTir indrAgnI jaghanam prAjApatyam Uru kailAsa mUlam jAnunI  
vishvedevou  
janghe shishirah gulphAni pruthivI vanaspatyAdInI nakhAni mahatI  
asthInI navagrahA asrukketur mAsamrutu sandhyah kAlad vyAsphAlanam  
samvatsaro  
nimesho ahorAtramiti vAgdevIm gAyatrIm sharaNamaham prapadye |

ya idam gAyatrI rahasyamadhlte tena kratu sahasram ishTam bhavati |  
ya idam gAyatrI rahasyamadhlte divasakrutam pApam nAshayati |  
prAtara madhyAhnayoh shaNmAsa krutAni pApAni nAshayati |  
sAyam prAtara dhlyAno janmakrutam pApam nAshayati |  
ya idam gAyatrI rahasyam brAhmaNah paThet tena gAyatryAh  
shashTi sahasralakshANi japtAni bhavanti | sarvAn vedAnadhlto bhavati |  
sarveshu tlrtheshu snAto bhavati | apeyapAnAt pUto bhavati |  
abhakshya bhakshaNAt pUto bhavati | vrushalI gamanAt pUto bhavati |  
abrahmachArI brahmachArI bhavati |  
panktishu sahasrapAnAt pUto bhavati |  
ashTou brAhmaNAn grAhayitvA brahmalokam sa gacChati |  
ityAha bhagavAn brahmA ||  
iti gAyatrIrahasyopanishat sampUrNam ||